

Halloween-tastic

Plas Madoc Communities First held their annual Halloween Party which was a great success with over 140 young people and their parents attending and a good time was had by all including the staff for Communities First who worked very hard to make this event a enjoyable one for the young people. Activities included a fancy dress competition, pumpkin carving, apple dunkin, and a cake stall baked by The Venue Youth Club children.

What's coming soon?

Don't forget to get your tickets ready for our Santa's grotto time is running out as Christmas is just round the corner tickets are on sale now so call in at The Opportunity Centre or for more information contact Susan Lloyd on 01978 813910 .

Congratulations

Plas Madoc Communities First would like to congratulate Georgia Griffiths on her audition for Britain's Got Talent and wish her the best of luck when she performs in front of the judges in Manchester on the 28th November. Georgia is a member of 'Get Out and Play' and The Venue@PlasMadoc.

Books at Little Sunflowers

The new children at Little Sunflowers will soon be receiving their own book bag to take home and can then each week choose a book to read with their families. This is to help and encourage families to spend quality time together and develop language, literacy and communication skills. As part of the Flying Start programme we aim to provide a service which supports individual children's needs and abilities whilst having fun in a stimulating and caring environment.

Gunjur – Africa 2010

The young people that will be taking part in the Gunjur Project 2010 have now been chosen and notified. Meetings have taken place and all involved are looking forward to the experience.

Credit Union

Christmas is around the corner – are you ready? If not maybe the Credit Union can help with low interest loans and saving schemes for more information call into the drop-in every Monday 10-12am and ask for Jo

Unusual objects in the sky!

A week ago last Friday did you see glowing objects in the air and wondered what they were? The objects you saw were 10 Chinese sky lanterns that were let off at The Opportunity Centre. Over 50 young people came along to the event where Plas Madoc Communities First staff let the lanterns off and also gave out free hotdogs. The lanterns are made of bio-degradable paper and can travel for miles. All that attended the event absolutely loved them so we will be looking at letting some more off towards Christmas time.

Fireworks

Last week to celebrate Bonfire Night, Plas Madoc Communities First in partnership with North Wales Police, PACT (Police and Community Trust), the Arson Reduction Team and with support from Wrexham County Borough Council Leisure Services

hosted a Fireworks Display on the Plas Madoc Leisure Centre Field. The fireworks were set co-ordinated by Festival Fireworks, who are based in Cefn Mawr, and were enjoyed by everyone that attended.

Lighten Up and Tighten Up

Lighten Up & Tighten Up (LUTU) is a weight management, lifestyle change programme that has been developed, delivered, and extensively evaluated by Specialist Dietitians within the NHS. The program aims to assist groups of individuals to lose weight and improve their overall health and well being and will be made available to adults that meet the eligible criteria. The first 10-week programme is due to commence in Plas Madoc Leisure Centre on Tuesday 17th November from 10-12pm. Sessions will be each week at that time for a duration of 10-weeks. To find out more contact the LUTU team on 01978 727929, Siân Hughes at Plas Madoc Communities First on 01978 813918 or alternatively call into The Opportunity Centre on Hampden for more information including a referral form.

Explosive experiments!

In partnership with The Open University, Plas Madoc Communities First will be hosting a family learning day on Tuesday 17th November between 3:00pm – 5:00pm. The learning session will be held at The Opportunity Centre on Hampden way and is open to parents/carers and their children that would like to take part in some exciting experiments that are based on Darwin theories. You will have the opportunity to make big bangs, explore skulls and much more fun! For further information contact Sian Hughes or David Gittins on 813910 or alternatively call into The Opportunity Centre.

Environmental Action Day

Plas Madoc Communities First will be holding an Environmental Action Day tomorrow in Bodlyn and Bran. 3 skips will be made available between 10:00am and 3:30pm thanks to funding from the Communities First Trust Fund and tenants and residents can dispose of any unwanted items. There will also be recycling bins available to take cans, bottles and cardboard. Support for the event comes from NW Police, NW Fire & Rescue Service and WCBC Housing who will be undertaking door to door in the area to listen to comments and provide help and advice. In addition WCBC Streetscene and Environment Department will be on hand with their equipment to clean the streets. If you need help moving large items or cannot be in during the day and need to throw items out then please contact Andrew Harradine on 01978 813910 to make arrangements. The project is moving around the estate and we are hopeful of being able to hold another event in early February for Woodward's Walk and Whalley's Way.

Plas Madoc's Got Talent

This year's event will be held at the Plas Madoc Leisure Centre on Friday 27th November 2009, so please try and get your tickets as soon as possible, they are available now and we can only provide 200 tickets due to fire regulations. All participants will need to bring in their DVD's at least 3 days before the actual event. Sinead Moynihan will be judging the acts for the 3rd year, she is currently starting in How not to Live your Life and she is very pleased to be part of this event. Plas Madoc is proud to be the leading area in these events as we are told that other areas are holding talent nights due to the success of ours over the past 2 years. The talent

night is held in memory of Danny Davies who unfortunately passed away in 2007 his love of music, singing and dancing has been an inspiration to all of those who take part. As usual there will be fantastic prizes for the winners and 2 runners up. For more information please contact Nicola Birchall on 01978 813910.

Cooking Club

The Venue Cooking Club is looking for new recipes to try the culinary skills out. If anyone who has any special homemade recipes they would like to share with us pop them in to The Opportunity Centre or The Venue youth club. Maybe you would like to show off your Nana's sponge cake recipe or Dad's chill con carne. For more information on any of the Venue's activities or timetables please call into The Opportunity Centre or come into The Venue during its open hours which are Monday to Thursday 7-11 year olds 3.30-5.00pm, 11-13 year olds 5.15pm-6.45pm, 14-18 year olds 7pm-8.55pm.