

### Information

Thank you to all those people who volunteered with the distribution of the Summer Programme/Play Scheme and information to bring you up to date on all the things Plas Madoc Communities First has been responsible for developing, improving, changing and working towards during the past 6 years. Of course none of these things could have happened without the help of the local community and professional organisations. I apologise for the delay in sending this information out to you and welcome the reminder from our volunteers. As always, please call in to see any of the CF staff for further information or involvement on any of the projects you may be interested in.

### August Fun day

PMCF has received a number of recent enquiries about the annual Fun Day. For the last couple of years the Fun Day has been badly affected by wet weather, which has not only reduced the numbers attending but has caused significant issues with the field on which it is held. With this in mind and the recent run of bad weather PMCF has opted to move the Fun Day back into September. We hope to be able to confirm the actual date very soon, so please keep an eye out for information.

### Classical Music Performance

Thanks to a partnership with North Wales International Music Festival, PMCF will be hosting a performance of classical music by *Ensemble Cymru*. There will be two performances taking place on Wednesday 19<sup>th</sup> August. The first is from 11am to 11:45am and is for an audience of children and young people. Following a break there will be a second performance for adults from 12:15pm to 1pm. Both performances are FREE but due to space numbers will be limited. Please visit The Opportunity Centre to collect your free tickets to the event, which will guarantee entry. For more information contact Andrew Harradine on 01978 813910. The project is possible due to funding that North Wales International Music Festival has received from The Arts Council Wales and The Big Lottery Fund.

### Food Co-op

Sadly the Food Co-op at Plas Madoc Communities First will be coming to an end on Monday 10 August. Sian Hughes would like to thank the Co-op's volunteers – Debbie Evans, Chris Gwilliam, Margery Rees and Amanda Heywood for their hard work and commitment to the Food Co-op since it was launched earlier this year.

### Yummy times at The Holiday Club

Over the past three weeks, children accessing the Holiday Club have been tucking into healthy meals that they have made with their own little hands. Dishes have included smiling pizza faces, tuna pasta bake and trifle, all using fresh healthy ingredients. Cook and Eat sessions will continue to take place every Tuesday at 3:30p.m as part of the 'Get out and Play' open access play scheme. For further information contact Sian on 813918.

### National Play Day

Wednesday the 5<sup>th</sup> August is National Play Day! 'Get Out and Play' will be joining other organisations in Wrexham town centre to provide a wide range of rich play opportunities. The event will run between the times of 12-4 and there will be lots of opportunities to get wet and messy so come prepared. If you would like more information please contact Claire Griffiths on 813918

### Substance Misuse Help

Do you, a friend or family member have concerns about drug or alcohol misuse. If you would like help or advice on this there are a range of services available at the drop-in that may be able help you. For more information ring Clare on 01978 821210

### Support at The Drop-in

Looking for a new job? Facing the prospect of redundancy then why not call into The Drop-in and have a look on the jobs board which is updated weekly with local work opportunities. You can also get help there to write a CV, complete application forms and help with interview skills. For more details ring Clare Barnes on 01978 821210 or just call in.

### Directory of Services

Are you a new resident living in Plas Madoc? Would you like to know what services are available to you and your family? If so, a new group has been developed to support the community. We can help you engage with or gather information about local services that are available to you. This could range from OAP groups to Mother and Toddler groups. For more information please contact Sharon Evans on 01978 813916 / 01978 812786 or drop in to The Opportunity Centre.

### Holiday Club

Little Sunflowers Holiday Club will be coming to a close this Friday and over the last three weeks the children have had the opportunity to cook Tuna Pasta Bake, Pizza Faces, Fruity Trifle and Chocolate bananas which they all thoroughly enjoyed. Some of the children have also made garden plaques and joined in with the Mini Olympics and won some prizes for participating. The children have had lots of fun joining in with the games and a range of activities available to them.

### Plas Madoc Safety Group

In last week's meeting the Safety Group agreed to adopt its new constitution in principle. This will be subject to a formal election of a committee to be held at the next meeting, which is at 3pm on Wednesday 23<sup>rd</sup> September. If you would like to put yourself forward for nomination to the committee, or nominate someone else please contact Andrew Harradine on 01978 813910 for a form.

### Buddies at The Venue

The Venue is now holding a Buddy Scheme on a Wednesday night during senior session. The Buddy Scheme will help young people who are making the transition from junior to senior session in September. A number of young people from the senior session act as a buddy for the young people they will be able to answer any question or issue the young people may have during their transition. For more information on The Venue's budding scheme call Fran Bunning at The Opportunity Centre on 01978 813910.