

Family Day Trip

A community trip has been arranged by the Family Learning group which is based at Rhosymedre Community Primary School. The group meets weekly on a Wednesday to socialize and discuss any training needs, new members welcome. The trip is to Llandudno and is on Saturday August 8th 2009. If you are interested in a nice family day out, contact Sharon on 01978 813916/ 01978 812786 as seats are limited.

Toddler Group

Are you at a loose end this summer? Do you have a child aged 0-3?

The parent / carer and toddler group will be running through the holidays on Mondays from 1.30 – 3.00pm. Come along for a chat and make new friends. For more information please contact 813918

Rounders Match

Last week young people from The Venue held a rounder's match against young people from Ruabon. This was a fantastic event which saw 30-40 young people participate in this sport. The winners were The Venue and the next rounder's match will be played at Ruabon. For more information about when this match will take place see one of the detached workers out on the estate or call The Opportunity Centre on 01978 813910.

Battle of the Sexes

The Venue youth workers have been hosting battle of the sexes activities where girls and boys have been participating in a number of activities The Venue including cooking, pool and darts tournaments. The girls are winning by beating the boys bycooking the best chocolate flapjacks. If you could like to participate in this, pop into The Venue youth club and see one of the youth workers for more details.

Community Summer BBQ

To celebrate the start of the summer holiday, a healthy BBQ will be held tomorrow between 12:30 – 3:00p.m at The Sensory Garden, next to The Opportunity Centre on Hampden Way. Healthy homemade burgers, kebabs, jackets potatoes, salads and fruity smoothies will be freshly prepared by the 'Community Chefs'; a group of 6 women who originally took part in the first 'Cook and Eat' course, and have continued to meet on a weekly basis. The BBQ is free to all that attend, and is open to all residents living Plas Madoc. So get your summer clothes on and come down to the BBQ!

Tasty strawberries at Food Co-op

To get in you the mood for summer, fresh tasty strawberries are currently an item in the £3 bag of fruit from Plas Madoc Food Co-op, which meets every Monday between 2:00 – 3:00p.m at The Opportunity Centre. A team of friendly volunteers are at hand to take your order, which will be available to collect the following Monday. You can choose from half or full bags of fruit, veg or salad, priced at only £3 a bag or £1.50 for half a bag. In addition to the tub of strawberries, the £3 fruit bag also contained 4 apples, 3 pears, 3 bananas and a tub of cherries – which demonstrates what excellent value for money the bags are. Families that receive Healthy Start Vouchers, can use their vouchers to buy the produce. For more information about the Co-op please drop into The Opportunity Centre or call Siân on 813918. Everyone welcome.

Plas Madoc 50+ Group Trip

A trip has been arranged to the Lake District on Thursday 13th August 2009. The coach will leave from the Plas Madoc Leisure Centre at 9:00am for the drive to Haverthwaite station. There will then be a short train journey to Lakeside to meet the Windemere Cruise, which will take the group to Bowness to meet the coach for home. Tickets cost £20 for members and £30 for non-members and are on sale on Mondays, Wednesdays and Fridays between 11am and 1pm from Margery Rees and Brien Powell.

Community Safety Group

Members of the Group have been working on a new constitution document, which sees them start to operate with more independence. The constitution will be put forward officially at the next meeting, which is on Wednesday 29th July at 9:30am in The Opportunity Centre. The Group will also be looking to elect committee members at this meeting. If you are interested, please contact Andrew Harradine on 01978 813910.

Fruit Picking

Tomorrow at 4:00pm and returning at 6:00 - Plas Madoc Wildlife Explorers are heading out from the Venue youth club , on their annual fruit picking trip to Bellis Fruit farm in the pursuit of summer fruits. What better way for young people to spend a summers evening picking fruit as a group with the aim to bring back some of the produce back for use in their "cook and eat sessions" which are held for young people at the youth club on Plas Madoc. They will also learn about healthy eating and food from within there own local wrexham area. For further information contact The Environmental Officer at Plas Madoc Comunities first. The Opportunity Centre, Hampden way, or phone Tel:- 01978 813914