

Safety Group

There will be a special meeting held tomorrow at 10am in The Opportunity Centre for members of the Community Safety Group to discuss the new constitution.

The Safety Group has also started a Risk Assessment process, which will consider the possible impacts on the community of switching parking to the rear of the Leisure Centre to make way for the forthcoming Extra Care Development. If you would like to take part, need more information or would like to comment please contact Andrew Harradine on 01978 813910.

The Venue

Youth workers are currently looking for ideas from you, young people in what activities and programmes you would like to participate in during The Venue. If you have any ideas please pop into the Venue and see one of the youth workers.

Holiday Timetable

Youth workers are currently working on the 6 week summer timetable. There are loads of fun and informative activities for you to participate in. Timetables will be available for you to collect from The Venue, Opportunity Centre and The Drop In after Monday 13th July. For more information on the timetables please call The Opportunity Centre on 01978 813910.

Little Sunflowers

The children of Little Sunflowers have been making the most of the hot weather and they had an outdoor classroom with the children having the opportunity to play in the tents, water paint the walls, bury the shells in the sand trays, roll about in the movement area and crawl through the tunnels. Some of the children also enjoyed digging up their potatoes. All of the children had lots of fun outside, whilst the staff did make sure that all of the children were wearing hats and suncream.

Bugs & Butterfly Party

Little Sunflowers would like to thank Party Bliss for the amazing Bugs and Butterflies party which was held on Tuesday 16th June. The children enjoyed an afternoon of craft, games, singing and dancing. Each child took home a goody bag with items they had made and won over the afternoon. We would also like to thank Nicky's Cakes for the beautiful ladybird sponge cake that the children and staff thoroughly enjoyed.

Summer Play

The playscheme will be travelling around the estate visiting various locations throughout the six weeks. The staff at Plas Madoc Communities First would love to hear your suggestions for play in the summer, so if you have any ideas or requests please call into the Opportunity Centre and speak to Claire Griffiths alternatively phone 813918

Recipe of the week

This week's healthy and easy to prepare recipe is Broccoli Pasta bake. To get a free copy drop into The Opportunity Centre where copies are available in the Reception area, or visit www.plasmadoc.org

Plas Madoc Food Co-op

Don't forget to come along to the weekly Food Co-op, which meets every Monday between 2:00 – 3:00p.m at The Opportunity Centre. A team of friendly volunteers are at hand to take your order, which will be available to collect the following Monday. You can choose from half or full bags of fruit, veg or salad, priced at only £3 a bag or £1.50 for half a bag. This week the £3 salad bag contained 1 lettuce, 4 salad tomatoes, 1 cucumber, a small tub of cherry tomatoes, a packet of radish, a tub of cress and a bunch of spring onions – which demonstrates what excellent value for money the bags are. Families that receive Healthy Start Vouchers, can use their vouchers to buy the produce. For more information about the Co-op please drop into The Opportunity Centre or call Siân on 813918. Everyone welcome.

Living Egg Programme

Rhosymedre County Primary children have been taking part in the Living Egg hatching programme, this two week comprehensive project focuses on young people successfully hatching chickens in their own classroom. For the teachers using this Living Egg programme, it's a stimulus for work across the curriculum which is fantastic. Once hatched the decision was made to keep the young birds locally, and they were moved 1.5 miles down the road to Ty Mawr country park to become the most recent new residents.