

Plas Madoc Tidy Team

The Tidy Team is a group of volunteers who get together on the first Friday of each month to pick up litter on the estate. The next litter pick is Tuesday 5th June starting at 10am with a cup of coffee at The Opportunity Centre. Over the last two sessions more than 12 bin bags of litter have been removed from the estate. You can help the Plas Madoc Tidy Team in two ways – firstly by turning up on the 5th and getting involved and secondly by encouraging yourself and others to use the litter bins located over the estate.

Play Scheme

The staff, children and young people of 'Get out and Play' the open access play scheme would like to say a big "Thank You" to Joseph Edwards for his kind donations of a bike and tent which have been enjoyed by all over the Whit half term.

Reflections

For the past year Plas Madoc Communities First has been running a group called Reflections. This group is for children with disabilities, sensory, physical or emotional between the ages of 7 and 11. The group currently runs at the Opportunity Centre but will be moving over to the Little Sunflowers building in the next few weeks; the group runs every Friday from 3.45 until 5.45 pm all children get the chance to play, interact with other children and have a snack. The group is there to offer families rest bite and support, we also provide a place at after school club for siblings so parents get a couple of hours to themselves for valuable "ME" Time which all parents need. For more information please contact Jenny Biesty on 01978813910

Martial Arts

Brazilian Jiu Jitsu sessions will be run by Victor Scott (European Super Heavyweight Champion) the session are at the opportunity centre every Saturday morning starting at 10.15 till 12.15 for more information contact Sandra Ashfield on 01978 8713912 or call in at the opportunity centre.

Drama

The Venue Drama Group is up and running with Sinead Moynihan leading the session. As you may know, Sinead was in Hollyoaks and also Drop Dead Gorgeous. The sessions are hold at The Venue Youth Club every Tuesday 3.45pm to 5.45pm they are currently working on a production for later in the year.

Girls Football

The Venue Youth Club is holding girls football session. They take place on a Wednesday from 4.45-5.45pm on the MUGA. This is a great way to meet new friends and learn a new skill. Any young person is welcome no matter how experienced you are. For more information call Fran at The Opportunity Centre on 01978 813910.

Young Savers

Every Friday at Rhosymedre Community Primary School between 10.30am and 11.00 am there will be an opportunity for children to become Young Savers. The scheme in partnership with Wrexham Credit Union gives children the excellent opportunity to learn the value of money and the benefits of saving for special things they may want in the future.In

addition to this adults can join to save for special occasions such as holidays and Christmas. If you or your child would like to apply or for further information please contact Sharon on 01978 813916/01978 812786

Plas Madoc Food Co-op

Don't forget to come along to the weekly Food Co-op held between 1:30 – 3:30p.m at The Opportunity Centre on Hampden Way. This week the £3 fruit bag contained 4 apples, 3 bananas, 4 satsumas, 1 punnet of strawberries and 1 grapefruit, which shows what excellent value for money the produce is. Come along and place your order, which will be ready to collect the following Monday. Healthy Start vouchers are also accepted as a method of payment. For more information contact Siân Hughes on 813918 or pop into the Opportunity Centre.

Fitter and Trimmer Club

There will be no Fitter and Trimmer Club until the week commencing 22 June. Watch this space for further details.

Coracle Project

Young Dee Coraclers have been invited to take their craft along to Mile End Mill just outside of Llangollen by the staff at Paddleworks (Llangollen) on Wednesday 10th June at 6:00pm. The Plas Madoc young coraclers will be able to show off their hand crafted coracles at the weekly Canoeng and Kayaking club evening meet. This is to allow some of the water sports enthusiasts the opportunity to have a go in a locally made Dee Coracle.

Plas Madoc Communities First coracle project which is funded through "The Heritage Lottery"-Young Roots programme, has been working hard to reintroducing the River Dee Coracles back to the Dee. For further information please contact The Environmental Officer on 01978 813914, or call into The Plas Madoc Communities first, The Opportunity Centre, Hampden Way. Plas Madoc.