

## Homemade Steak Burgers

(serves 4)



### Ingredients

- 350g (14oz) lean steak mince
- 1 small sized onion (peeled and chopped finely)
- 2 tablespoons Worcestershire sauce
- pepper to season
- 50g (2oz) breadcrumbs
- 1 egg, beaten
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### Method

1. Combine all the ingredients.
2. Shape into 4 large or 8 smaller burgers.
3. Grill or barbeque burgers for 8-10 minutes on each side.
4. Serve in a toasted bun with spicy potato wedges, salad and salsa.

### Cooking tip:

If mixture is too dry add a little water. If mixture is too wet add more breadcrumbs.